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**Title:** Importance of instructional design for the implementation of Flipped Learning  
 Model in the modality of distance education

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# Index

1. Introduction
2. Methodology
3. Results
4. Conclusions
5. References

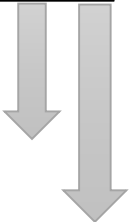
# 1. Introduction

Knowledge Society



*New scenarios*

Higher education  
institutions



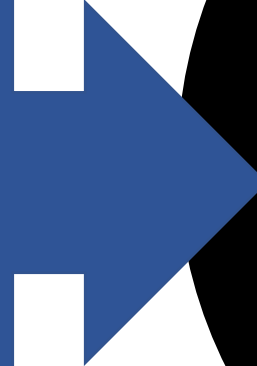
Greater coverage

Various alternatives

National  
Technological  
Institute of  
Mexico  
(TecNM)

Model of  
Distance  
Education

Curriculum  
Flexibility  
Strategy



Learning Environments

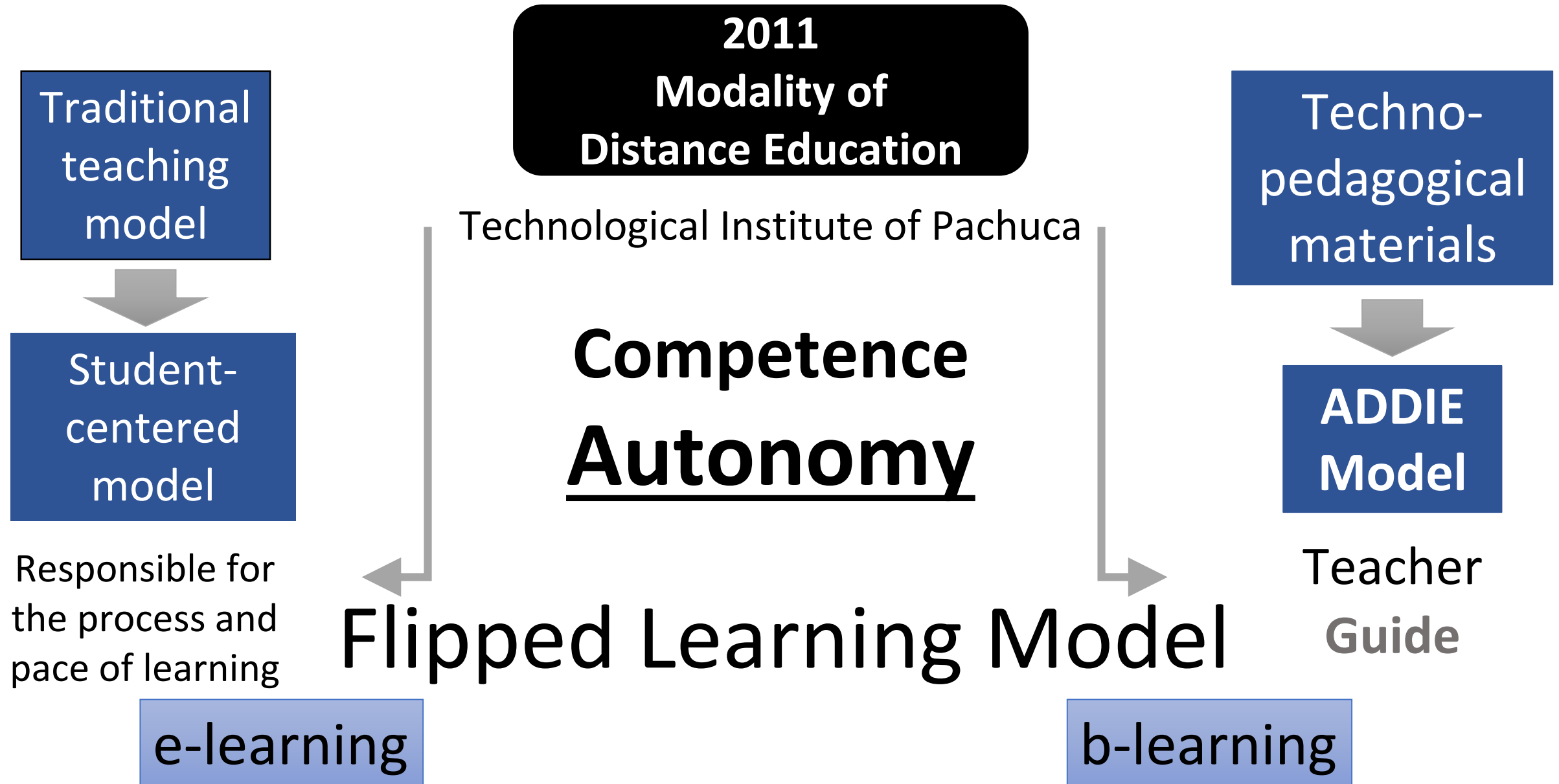
Didactic strategies

Technopedagogical  
tools

Information and  
Communication  
Technologies (ICT)

Generic competences

# 1. Introduction



# 2. Methodology

## Stages



1

Implementation

**ADDIE Model**  
Instructional design

2

Aplicación

**Flipped learning**  
Pedagogical model

Academic

## Analysis Groups

Group 1  
**Jacala de Ledezma**

Online

Group 2  
**Cd. Sahagún**

Virtual

**28 Teachers**  
**57 Students**

Unit

## Research

- Quantitative Type
- Descriptive cut

Data collection



Instruments
Checklist 1: Monitoring implementation processes of ADDIE model
Checklist 2: Monitoring the teaching regarding the implementation of the flipped classroom strategy.
Questionnaire 1: Student satisfaction regarding the quality of instructional design and experience with the flipped classroom strategy.
Interview: Teaching experience regarding the implementation of the ADDIE model for instructional design and their perception of the dynamics of learning and student autonomy with the flipped classroom.

Table 1. *Data collection tools*

# 2. Methodology

## 1 ADDIE Model Instructional design

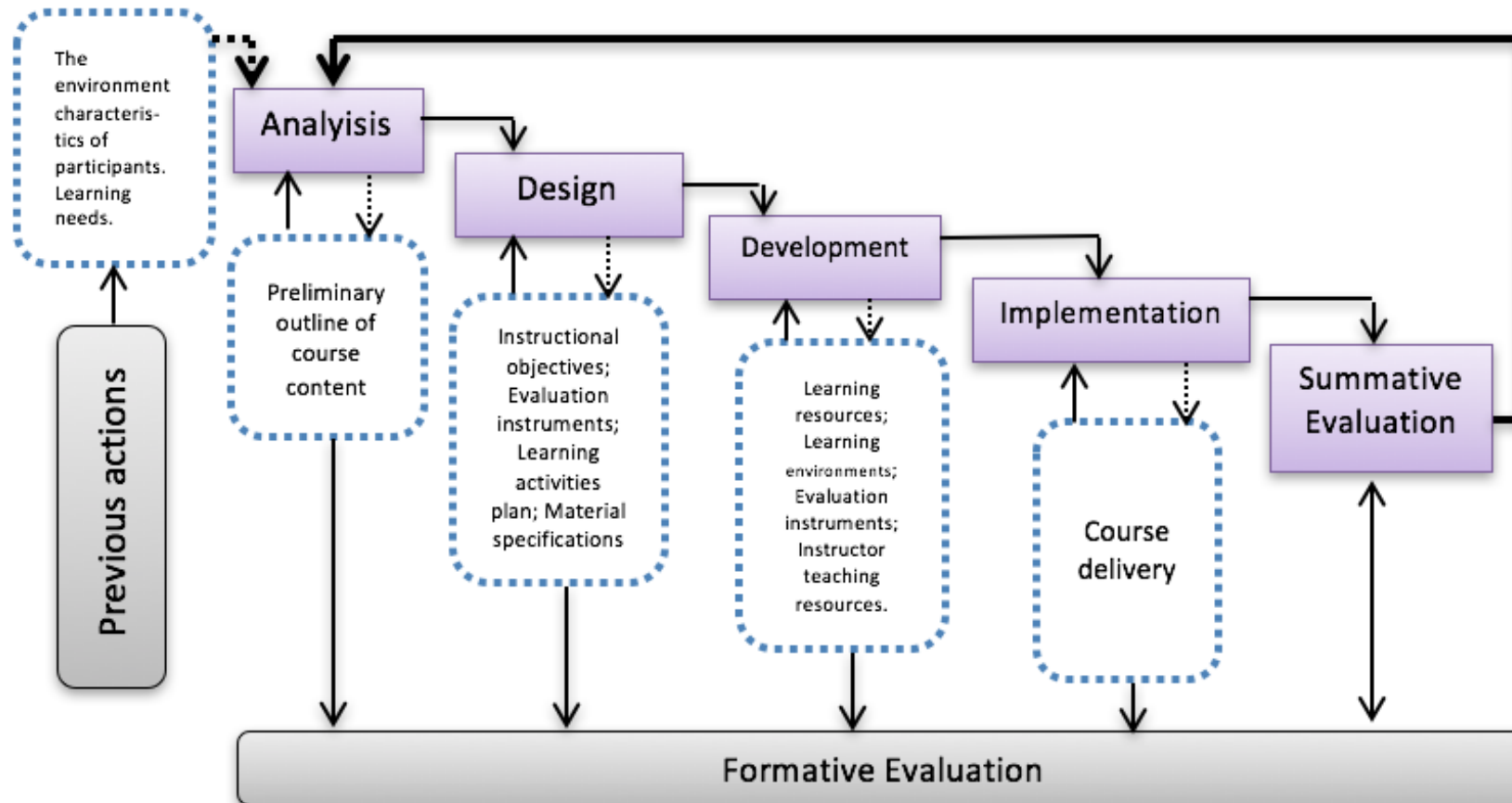


Figure 1 Outline of each phase of the ADDIE model. Taken from Gonzales, S., & Mauricio, D. [2006, p.7]

# 2. Methodology

## 1 ADDIE Model Instructional design

Characteristics of the population

Academic Units

Jacala and Cd. Sahagún

Careers

Bachelor in Administration  
Computer Systems Engineering  
Industrial engineering

31 Number of students 26

Age

19 to 55 years old

19 to 41 years old

Online Sessions

Virtual course

## Analysis Phase

Technological resources

Didactic materials

Tests

Tasks and activities

Moodle platform



Communication tools

Skype

Zoom

Video calls



# 2. Methodology

## 1 ADDIE Model Instructional design

## Design Phase

Sequence and organization of the contents of each course

Num.	Elements in the structure	Num.	Elements in the structure
1	Name of the subject	12	Official program of the course
2	Image or animation allusive to the subject	13	Teaching instrumentation of the subject (tutorial)
3	Subject data (two - column table)		<b>For each unit of learning:</b>
4	Name of the teacher who teaches the subject	14	Abstract title
5	Teacher photography	15	Study period
6	Presentation of the subject (according to current program)	16	Specific topic competency
7	Assessment and Accreditation of the subject	17	Description Table to evaluate activities: activity, weighting, delivery date, evidence and generated competency
8	Specific competencies of the subject	18	Learning activities design
9	Previous competencies	19	Design or use of techno-pedagogical resources
10	Scheduling dates of beginning and end of each learning unit and evaluation periods.	20	Self - Assessment Test / Evaluation
11	Diagnostic evaluation		

**Table 2** Elements of format for subject review in platform. Developed by Gonzalez, M. [2016] with reference information of TecNM [2015]



# 2. Methodology

## 1 ADDIE Model Instructional design

### Development and Implementation Phase

Learning activities

- WHAT?
- FOR WHAT?
- WITH WHAT?
- HOW AND HOW MUCH?
- WHEN?
- WHO?

Elements of instructions design

Techno-pedagogical materials	Used	Designed	Teacher	Student
Videos	X		X	X
Podcast		X	X	X
Documents	X	X	X	X
Electronic presentations in PowerPoint	X	X	X	X
Electronic presentations in Prezi		X		X
Cognitive maps		X		X
Digital books	X		X	X
Web page	X	X	X	X
Blog		X		X
Infographic		X	X	X
Digital billboards		X		X
Google Forms		X	X	X
Interactive activities		X		X
Skype	X		X	X
Zoom	X		X	X
Messaging platform	X		X	X
Email	X		X	X
Google Drive	X		X	X

Table 3 *Techno-pedagogical materials and mass media*. Developed by Martínez, K. [2016]

# 2. Methodology

## 2 Flipped Learning Pedagogical model

### Teaching and learning strategies

- Project learning,
- Collaborative learning,
- Electronic evidence portfolios,
- Documentary and field research,
- Production of educational materials,
- Study of cases,
- Solution of practical exercises,
- Analysis of social environments,
- Infographics

Implementing “ <i>Flipped Classroom</i> ”	
Group 1: Jacala of Ledezma Unit	Group 2: Sahagún City Unit
<p><b>Participants:</b> A group of 31 students.</p> <p><b>Modality:</b> Distance Education</p> <p><b>Teacher participation:</b> He served as guide and facilitator in the process, using their academic load (hours - assigned class) to develop each of the issues addressed in the curriculum through collaborative activities with the student; under the three stages of a training session: openness, development and closing.</p> <p><b>Student participation:</b> Review, analyzes and studies the techno-pedagogical materials prior to class. Develops learning activities (diagnostic, formative and summative) during and after the learning sessions.</p>	<p><b>Participants:</b> A group of 26 students.</p> <p><b>Modality:</b> Virtual Education</p> <p><b>Teacher participation:</b> He served as guide and facilitator in the process, using their academic load (hours - assigned class) to advise or discuss specific derivatives points of the study and preliminary analysis of techno-pedagogical materials and / or those arising during the development of learning activities by the student.</p> <p><b>Student participation:</b> Review, analyzes and studies the techno-pedagogical materials prior to the counseling session. Develops learning activities (diagnostic, formative and summative) outside learning sessions.</p>

Table 4 Characteristics of the study groups. Prepared by Gonzalez, M. [2016]

# 3. Results

## Follow-up to the implementation of the ADDIE model

Elements in the structure	Number of teachers who omitted elements		
	First checking	Second checking	Third checking
Teacher photography	13	8	8
Assessment and Accreditation of the subject	10	3	2
Scheduling table of beginning and end dates of each learning unit and evaluation periods.	22	8	5
Diagnostic evaluation	4	2	0
Teaching instrumentation of the subject (tutorial)	16	7	5
<b>For each unit of learning:</b>			
Study period	11	5	3
Description table of activities to evaluate: activity, weighing, delivery date, evidence and generated competency	15	8	3
Learning Activities Designing	18	8	5
Design or use of techno-pedagogical resources	8	4	2

Table 5 Items adjusted more frequently during the review of structures

# 3. Results

## *Monitoring the implementation of the flipped learning strategy*

- **68%** of teachers *met the scheduled dates* for the beginning and end of their learning units during the course of the semester.
- The **28 teachers** who participated in the project *used various teaching and learning strategies* under the flipped classroom dynamics.
- **73.2%** of teachers *designs instructions clearly and precisely* specifying what, how, when, with what and how to deliver the learning activities.
- **45%** of teachers, *properly designed evaluation rubrics*, specifying the criteria, elements and features to value learning activities.

# 3. Results

## *Monitoring the implementation of the flipped learning strategy*

- **91%** of teachers at the start of the course, *published the schedule of activities*, dates of assessments first and second chance; **87%** released *didactic instrumentation*.
- **61%** of teachers *used pertinently information and communication technologies* (WebEx, videoconferencing, chat, zoom, others) to provide advice and feedback.
- **70%** of teachers make *frequent use of didactic resources* (anthologies, software, electronic presentations, notes, guides of practices, books, guides of study, among others).
- **62%** of teachers, *feedback the activities* in a precise and timely manner.

# 3. Results

## *Monitoring the implementation of the flipped learning strategy*

- **93%** of teachers seek to *achieve significant learning in their students*, adequately relating the themes of each learning unit with a real social and professional context.
- **66%** of teachers generally encouraged *participatory, dynamic and motivating collaborative work*.
- **34%** of students consider that autonomous competition is the one with the greatest development, followed by creativity with **29%**.
- Students evaluate **75%** of teachers with a **grade higher than 8 points**, on a scale of 1 to 10.

# 4. Conclusions

The study highlights the importance of efficiently implementing an *Instructional Design*, as a guide to achieve that the student autonomously develop with the minimum of conflicts the learning activities entrusted.

The use of different didactic strategies, such as the **flipped classroom**, and the use of *techno-pedagogical resources*, have a greater impact in the achievement of the learning objectives that contribute to the generation of the **competences** required by each study program.

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# Acknowledgements



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